# Spot**See**®

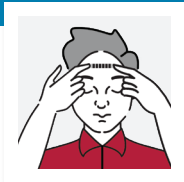## Easy-to-Read Forehead Thermometer
www.spotsee.io  |  Manufactured in the USA

## Instructions For Use

Thermometers should be used indoor and at room temperature (approximately 68°-86°F/20°-30°C). Avoid direct sunlight or strong heat when taking temperature. Do not take temperature if individual has been eating, drinking or exercising within the last 30 minutes due to the possibility of temperature fluctuation.

1. Hold thermometer at both ends, pressing firmly on dry forehead for approximately 15 seconds.

2. Read thermometer while on forehead: Green: correct temperature
   If you do not see green, blue or tan colors will appear:
   Blue: add 1°F/0.5°C  |  Tan: subtract 1°F/0.5°C

Always consult your physician if a fever exists.

**To be administered by adults only. Keep out of reach of children.**